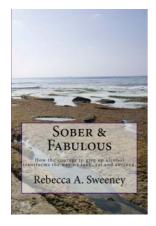
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SOBER FABULOUS: HOW THE COURAGE TO GIVE UP ALCOHOL TRANSFORMS THE WAY WE LOOK, EAT AND SUCCEED.



Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How the courage to give up alcohol transforms the way we look, eat and succeed. Take a journey into candid interviews with eight different people who all live their lives alcohol free. Health and wellness expert coach, Artist, Yogini and Mom of two, Rebecca Sweeney takes you into the private lives of recovered alcoholics, drug abusers and people...

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