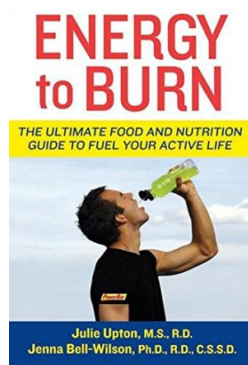


## Energy to Burn: The Ultimate Food and Nutrition Guide to Fuel Your Active Life



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